



PAULIG EYE & HEALTH

Operation / Laser / Anti-Aging



Press Kit

Dr. Sylvia Paulig

CEO, Paulig Eye & Health

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1. Biography: Dr. Sylvia Paulig

Dr. Sylvia Paulig, a globally leading ophthalmologist, has revolutionized modern eye care through her unparalleled achievements and innovations.

With a career spanning over three decades, the founding of Paulig Eye & Health in Berlin, and the development of the patented Binovision™ technique, she has significantly improved the eye health of patients worldwide.

Her holistic health philosophy and international recognition make her an inspiring pioneer in medicine.

Academic and Professional Advancement

Dr. Paulig began her academic journey at the renowned University of Leipzig and later earned her doctorate from Humboldt University in Berlin.

After completing her residency in ophthalmology in 1995, she embarked on a professional journey that led to the founding of the Paulig Eye Clinic in Cottbus and the opening of a prestigious private practice in Berlin. Her vision culminated in 2016 with the establishment of Paulig Eye & Health, a state-of-the-art center in the vibrant heart of Berlin.

Pioneering Work in Ophthalmology

As one of the most innovative minds in her field, Dr. Paulig developed the patented Binovision™ technique, a revolutionary method for vision correction without glasses.

Her relentless research and the founding of the Paulig Research Institute in Berlin underscore her unwavering commitment to advancing medicine. Dr. Paulig is a graduate of the Sadhguru Academy.

International Recognition and Influence

Dr. Paulig's outstanding skills and innovative spirit have made her a sought-after speaker on global platforms. Her presentations in cities like Tokyo, Abu Dhabi, Barcelona and Chengdu have influenced ophthalmic practice worldwide, establishing her as a leading expert.

With over 110,000 self-performed intraocular operations, she has significantly enhanced her patients' quality of life.

Holistic Health Approach

In addition to her technical expertise, Dr. Paulig is distinguished by her holistic approach to patient care.

With certifications in Ayurvedic medicine, psychotherapy, wellness and nutrition, and as a yoga instructor, she integrates a comprehensive health philosophy into her daily practice.

Awards and Memberships

Her extraordinary achievements have been widely recognized, including her re-election as a board member of the Arab-German Chamber of Commerce and Industry (GHORFA).

Dr. Paulig is a member of numerous esteemed medical organizations, such as the American Society of Cataract and Refractive Surgery, the American Association of Ophthalmologists, and the European Society of Cataract & Refractive Surgeons.

A Vision for the Future

Dr. Sylvia Paulig remains a tireless advocate for medical innovation and patient satisfaction. Her pursuit of excellence and passion for improving her patients' quality of life make her a true pioneer of modern ophthalmology.

2. About Paulig Eye & Health

Paulig Eye & Health is a state-of-the-art ophthalmology clinic in Berlin, Germany. It is dedicated to providing cutting-edge eye treatments, combining advanced technology with holistic health practices.

3. Press Coverage

Forbes India

Artikel »[Dr. Sylvia Paulig: Leading the future of vision, longevity and human-centered medicine](#)« 07/2025

Fluxx Awards

Artikel »[Dr. Sylvia Paulig was awarded at Fluxx Awards](#)« 07/2025

Forbes Asia 2025

Artikel »[Dr. Sylvia Paulig: A visionary pioneer in ophthalmology](#)« 04/2025

Humans of the Globe 2025

Artikel »[The Lens That Reimagines the Future of Eye Care](#)« 03/2025

Podcast LinkedIn

Artikel »[The Eye as a Gateway to our Body and Soul](#)« 03/2025

Medwin Publishers

Artikel »[The Eye as a Gateway to our Body and Soul](#)« 03/2025

Dr. Sylvia Paulig: A Visionary Creating Meaningful Impact in Healthcare - The CIO Times, January 2025

Artikel »[Top 5 Prominent Business Leaders Paving the Way for Tomorrow](#)« 2025

Neue Augenarztpraxis am Fichtelberg: Was eine international renommierte Medizinerin ins Erzgebirge zieht - Freie Presse, December 2024

Artikel »[Neue Augenarztpraxis am Fichtelberg](#)« 2025

Link: <https://theciotimes.com/dr-sylvia-paulig-a-visionary-creating-meaningful-impact-in-healthcare/>

Artikel »[Top 5 Dynamic Leaders Transforming Healthcare](#)« 2025

Combination SLT, Resveratrol Supplementation Improves Optic Nerve Health - Healio, January 2025

Artikel »[Revolutionizing Ophthalmology and Holistic Healthcare](#)« 2025

Anti-Aging of Our Optic Nerve—Dream or Reality? - Open Journal of Ophthalmology, November 2024

Artikel »[Anti-Aging of Our Optic Nerve](#)« 2024

Forbes India about Leadership 2024

Artikel »[Leadership effectiveness and social responsibility](#)« 2024

BILD Zeitung 2024 Germany

Artikel »[Grauer Star und Alterssichtigkeit](#)« 2024

BILD Zeitung 2024 Germany

Artikel »[Grauer Star, Grüner Star, AMD](#)« 2024

BILD Zeitung 2024 Germany

Artikel »[Die „beste Augenchirurgin der Welt“](#)« 2024

Der Märkische Bote 2024 Germany

Artikel »[Healthcare Award](#)« 2024

Khaleej Times 2024 UAE

Artikel »[Forttuna Global Excellence Awards](#)« 2023

Police Prevention Magazine 2022 Germany

Anzeige »[Polizei](#)« 2022

1st ARABIA 2022 KSA

Artikel »[Beauty World Saudi-Arabia 2022](#)« 2022

Upward Curve Magazine 2021 Worldwide

Artikel [»Upward Curve Magazin aus 2021«](#) (auf Seite 32)

Upward Curve Magazine 2020 Worldwide

Artikel [»Upward Curve Magazin aus 2020«](#) (auf Seite 32)

Etihad Airways Magazine Atlas 2019 Worldwide

Artikel [»Etihad Airways Magazin Atlas Paulig Eye & Health«](#) 2019

Souq Journal GHORFA 2018 Arab World

Artikel [»Unternehmenspräsentation der Paulig Eye & Health in der Arab-German Chamber of Commerce and Industry \(Ghorfa\)«](#) 2018

Police Prevention Magazine 2016 Germany

Anzeige [»Präventionsschrift Tatort Schule der Polizei«](#) 2016

GHORFA Health Guide 2016

Anzeige [»Artikel der Paulig Eye & Health in Health Guide der Ghorfa«](#) 2016

Feine Adressen 2016 Germany

Anzeige [»Artikel über die Paulig Eye & Health in feine adressen«](#) 2016

TOP MAGAZINE 2016 Germany

Anzeige [»TOP-Magazin«](#) 2016

Ärzte Magazine 2015 Germany

Anzeige [»Berliner Ärztemagazin \(Berlin\)«](#) 2015

Ärzte Magazine 2015 Interview Germany

Artikel [»Berliner Ärztemagazin \(Berlin\)«](#) 2015

Russische Tageszeitung 2014 Russland

Artikel [»Russisches Deutschland«](#) 10/2014

Feine Adressen 2012 Germany

Artikel [»feine adressen \(Berlin/Brandenburg\)«](#) 2012

Feine Adressen 2012 Germany

Artikel [»feine adressen \(Bundesweit\)«](#) 2012

Daily Courier 2012 USA

Artikel [»Daily Courier \(USA\) – Matthew McEnnerney«](#) 2012

BWA Journal 2012 Germany

Anzeige [»BWA-Journal Berlin-Brandenburg«](#) 2012

Newspaper Germany USA Patient 2012

Artikel [»Lausitzer Rundschau – Matthew McEnnerney«](#) 2012

Pharma Zeitung 2011 Germany

Artikel [»Pharma-Zeitung.de«](#) 2011

Zillion Magazine 2011 Worldwide

Artikel [»zillion – business review«](#) 2011

Viva Vita Magazine 2011 Germany

Artikel [»Gut Sehen. Besser Leben. Viva Vita«](#) 08/2011

Attitude Middle East 2011

Artikel [»Attitude \(Middle East\)«](#) 05/2011

Cataract & Refractive Surgery Today Europe 2011

Artikel [»Cataract & Refractive Surgery«](#) (Europa) 2011

Ophthalmologische Nachrichten 2011 Germany

Artikel [»Ophthalmologische Nachrichten«](#) 05/2011

Ophthalmology Times 2011 Europe

Artikel [»Ophthalmology Times Europe«](#) 03/2011

Viva Vita 2010 Germany

Artikel [»Der Graue Star. Viva Vita«](#) 09/2010

Märkischer Bote 2010 Germany

Artikel [»Eine Stadtvilla mit neuer Bedeutung. Märk. Bote«](#) vom 9.10.2010

Congress Interview ESCRS 2010

Artikel [»ESCRS Kongress-Interview: Light Adjustable Lens \(Calhoun Vision\)«](#) 09/2010

Viva Vita 2010 Germany

Artikel [»Thermage. Viva Vita«](#) 04/2010

Viva Vita 2010 Germany

Artikel [»Das neue IOL-VIP-System. Viva Vita«](#) 02/2010

Viva Vita 2010 Germany

Artikel [»Über die Altersabhängige Makuladegeneration. Viva Vita«](#) 11/2009

Viva Vita 2010 Germany

Artikel [»Der grüne Star \(Glaukom\). Viva Vita«](#) 09/2009

Ophthalmologische Nachrichten 2009 Germany

Artikel [»Die Intraokularlinse nach Maß. Viva Vita«](#) 06/2009

Märkischer Bote 2009 Germany

Artikel [»Das neue IOL-VIP-System aus Mailand. Märk. Bote«](#) 03/2009

Märkischer Bote 2008 Germany

Artikel [»OP mit neuen Linsen. Märk. Bote«](#) 12/2008

Lausitzer Rundschau 2008 Germany

Artikel [»Sehen ohne Brille. Lausitzer Rundschau«](#) 06/2008

4. TV Features

TV Moderator ZDF Peter Hahne 2025

<https://www.paulig-eye-health.de/wp-content/uploads/sites/5095/2025/01/Peter-Hahne-Augenaerztin.mp4>

<https://www.paulig-eye-health.de/presse-medien/tv-beitraege/>

Interview mit Fr. Dr. Paulig auf dem 21. Arab-German Business Forum

Eröffnung Berliner Privatpraxis: *Impressionen vom 13. Juni 2012, Eröffnungsfeier unserer Berliner Privatpraxis | Keratokonuszentrum*

Binovision im MDR: *Eine Berichterstattung des MDR über Binovision mit der Light Adjustable Lens, entwickelt von Frau Dr. Paulig*

Binovision für US-Bürger: *Behandlungserfolg Binovision (Matthew McEnnerney – amerikanischer Film- & Theaterregisseur)*

Tag der offenen Tür 2010: *Frau Dr. Paulig lädt in Ihre Räumlichkeiten ein, mit englischen Untertiteln*

Symposium 2010: *Eröffnung der Paulig Eye Health | Praxis in Cottbus mit dem Oberbürgermeister*

Light Adjustable Lens: *Die Intraokularlinse (Calhoun Vision) nach Maß; Binovision, entwickelt von Frau Dr. Paulig*

Symposium 2009: *Im schönen Burg (Spreewald) fand ein Symposium statt mit anschließenden Interviews von Prof. Dr. Schwartz (USA), Prof. Dr. Bayer & Prof. Dr. Koch*

Tag der offenen Tür 2008: *Frau Dr. Paulig lädt in Ihre Räumlichkeiten ein, in der Schweriner Str. in Cottbus*

5. Contact Information

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