



PAULIG EYE & HEALTH

Operation / Laser / Anti-Aging



# Press Kit

## Dr. Sylvia Paulig

CEO, Paulig Eye & Health

- Unter den Linde 16, 10117 Berlin, Germany
- Etihad Towers Level 36, Abu Dhabi, UAE
- Al Faisaliah Tower Level 18, Riyadh, KSA
- Karlsbader Straße, Oberwiesenthal, Germany

Web: [WWW.PAULIG-EYE-HEALTH.COM](http://WWW.PAULIG-EYE-HEALTH.COM)

## 1. Professional Biography - Dr. Sylvia Paulig

Dr. Sylvia Paulig, Dr. med., is an internationally recognized ophthalmic surgeon, healthcare entrepreneur, and research innovator with an extraordinary record of achievement in vision science and preventive medicine. She is the Founder and CEO of Paulig Eye & Health (Berlin, Germany) and the Paulig Research Institute, where she combines advanced ophthalmic care with translational research and the development of innovative health products.

### Education and Academic Formation

Dr. Paulig completed her medical studies at the University of Leipzig and received her doctoral degree (Dr. med.) from Humboldt University of Berlin (Charité). This strong academic background has provided the foundation for her evidence-based and interdisciplinary approach to healthcare.

### Professional Excellence and Innovation

With more than 120,000 intraocular surgeries performed over three decades, Dr. Paulig ranks among the most experienced and respected eye surgeons worldwide. She pioneered the patented Binovision™ technique, which restores natural binocular vision without dependence on glasses, representing a major innovation in refractive surgery and functional vision outcomes.

### Global Patient Care

Paulig Eye & Health welcomes patients from across the globe, providing world-class diagnostic and surgical solutions. Treatments are distinguished by the integration of Western medical precision with holistic and longevity-based strategies, offering patients not only restored vision but also improved overall health.

### Research and Product Development

Through the Paulig Research Institute, Dr. Paulig leads international projects at the intersection of ophthalmology, longevity, and systemic health. The Institute conducts research and also develops and produces specialized health formulations that support eye health, mitochondrial activation, cellular repair, and healthy longevity. This translational approach enables preventive strategies that extend beyond vision to systemic well-being.

### Recognition and Global Leadership

Dr. Paulig's exceptional contributions have been recognized with international awards, including Best Ophthalmic Surgeon Worldwide and Healthcare Elite Global. Her pioneering work has been featured in major publications such as Forbes India, Humans of Globe, and CIO Times.

### Commitment to Global Collaboration

As a board member of GHORFA (Arab-German Chamber of Commerce and Industry), Dr. Paulig actively promotes collaboration between Europe and the Arab world in education, healthcare innovation, and knowledge-sharing. She is contributing to the establishment of non-invasive longevity and diagnostic centers in the GCC, supporting the UAE's strategic vision to become a

global hub for medical excellence, preventive healthcare, and advanced research.

#### Legacy and Mission

Dr. Sylvia Paulig's extraordinary career reflects her lifelong commitment to surgical precision, scientific innovation, and human-centered care. Her mission is to expand access to preventive and regenerative medicine worldwide—positioning vision health as a driver of healthy longevity and strengthening the UAE's leadership in building sustainable healthcare for the future.

### International Recognition and Influence

Dr. Paulig's outstanding skills and innovative spirit have made her a sought-after speaker on global platforms. Her presentations in cities like Tokyo, Abu Dhabi, Barcelona and Chengdu have influenced ophthalmic practice worldwide, establishing her as a leading expert.

With over 110,000 self-performed intraocular operations, she has significantly enhanced her patients' quality of life.

### Holistic Health Approach

In addition to her technical expertise, Dr. Paulig is distinguished by her holistic approach to patient care.

With certifications in Ayurvedic medicine, psychotherapy, wellness and nutrition, and as a yoga instructor, she integrates a comprehensive health philosophy into her daily practice.

### Awards and Memberships

Her extraordinary achievements have been widely recognized, including her re-election as a board member of the Arab-German Chamber of Commerce and Industry (GHORFA).

Dr. Paulig is a member of numerous esteemed medical organizations, such as the American Society of Cataract and Refractive Surgery, the American Association of Ophthalmologists, and the European Society of Cataract & Refractive Surgeons.

### A Vision for the Future

Dr. Sylvia Paulig remains a tireless advocate for medical innovation and patient satisfaction. Her pursuit of excellence and passion for improving her patients' quality of life make her a true pioneer of modern ophthalmology.

## 2. About Paulig Eye & Health

Paulig Eye & Health is a state-of-the-art ophthalmology clinic in Berlin, Germany. It is dedicated to providing cutting-edge eye treatments, combining advanced technology with holistic health practices.

## 3. Press Coverage

### **Fluxx Event – Keynote Speaker**

Video»[Fluxx Event – Keynote Speaker](#)« 10/2025

### **Arab Leaders**

Artikel»[Dr. Sylvia Paulig: A visionary Pioneer in Ophthalmology and Longevity](#)« 10/2025

### **Fluxx Conference – Qatar, Doha**

Artikel»[Fluxx conference middle east](#)« 10/2025

### **Medwin Publishers**

Artikel»[Two in one- Revolutionary Ideas for Publications in Scientific Journals](#)« 08/2025

### **Forbes India**

Artikel »[Dr. Sylvia Paulig: Leading the future of vision, longevity and human-centered medicine](#)« 07/2025

### **Fluxx Awards**

Artikel »[Dr. Sylvia Paulig was awarded at Fluxx Awards](#)« 07/2025

### **Forbes Asia 2025**

Artikel »[Dr. Sylvia Paulig: A visionary pioneer in ophthalmology](#)« 04/2025

### **Humans of the Globe 2025**

Artikel »[The Lens That Reimagines the Future of Eye Care](#)« 03/2025

## **Podcast LinkedIn**

Artikel [»The Eye as a Gateway to our Body and Soul«](#) 03/2025

## **Medwin Publishers**

Artikel [»The Eye as a Gateway to our Body and Soul«](#) « 03/2025

**Dr. Sylvia Paulig: A Visionary Creating Meaningful Impact in Healthcare - The CIO Times, January 2025**

Artikel »[Top 5 Prominent Business Leaders Paving the Way for Tomorrow](#)« 2025

**Neue Augenarztpraxis am Fichtelberg: Was eine international renommierte Medizinerin ins Erzgebirge zieht - Freie Presse, December 2024**

Artikel »[Neue Augenarztpraxis am Fichtelberg](#)« 2025

**Link: <https://theciotimes.com/dr-sylvia-paulig-a-visionary-creating-meaningful-impact-in-healthcare/>**

Artikel »[Top 5 Dynamic Leaders Transforming Healthcare](#)« 2025

**Combination SLT, Resveratrol Supplementation Improves Optic Nerve Health - Healio, January 2025**

Artikel »[Revolutionizing Ophthalmology and Holistic Healthcare](#)« 2025

**Anti-Aging of Our Optic Nerve—Dream or Reality? - Open Journal of Ophthalmology, November 2024**

Artikel »[Anti-Aging of Our Optic Nerve](#)« 2024

### **Forbes India about Leadership 2024**

Artikel »[Leadership effectiveness and social responsibility](#)« 2024

### **BILD Zeitung 2024 Germany**

Artikel »[Grauer Star und Alterssichtigkeit](#)« 2024

### **BILD Zeitung 2024 Germany**

Artikel »[Grauer Star, Grüner Star, AMD](#)« 2024

### **BILD Zeitung 2024 Germany**

Artikel »[Die „beste Augenchirurgin der Welt“](#)« 2024

### **Der Märkische Bote 2024 Germany**

Artikel »[Healthcare Award](#)« 2024

### **Khaleej Times 2024 UAE**

Artikel »[Forttuna Global Excellence Awards](#)« 2023

### **Police Prevention Magazine 2022 Germany**

Anzeige »[Polizei](#)« 2022

### **1st ARABIA 2022 KSA**

Artikel »[Beauty World Saudi-Arabia 2022](#)« 2022

### **Upward Curve Magazine 2021 Worldwide**

Artikel [»Upward Curve Magazin aus 2021«](#) (auf Seite 32)

### **Upward Curve Magazine 2020 Worldwide**

Artikel [»Upward Curve Magazin aus 2020«](#) (auf Seite 32)

### **Etihad Airways Magazine Atlas 2019 Worldwide**

Artikel [»Etihad Airways Magazin Atlas Paulig Eye & Health«](#) 2019

### **Souq Journal GHORFA 2018 Arab World**

Artikel [»Unternehmenspräsentation der Paulig Eye & Health in der Arab-German Chamber of Commerce and Industry \(Ghorfa\)«](#) 2018

### **Police Prevention Magazine 2016 Germany**

Anzeige [»Präventionsschrift Tatort Schule der Polizei«](#) 2016

### **GHORFA Health Guide 2016**

Anzeige [»Artikel der Paulig Eye & Health in Health Guide der Ghorfa«](#) 2016

### **Feine Adressen 2016 Germany**

Anzeige [»Artikel über die Paulig Eye & Health in feine adressen«](#) 2016

### **TOP MAGAZINE 2016 Germany**

Anzeige [»TOP-Magazin«](#) 2016

### **Ärzte Magazine 2015 Germany**

Anzeige [»Berliner Ärztemagazin \(Berlin\)«](#) 2015

### **Ärzte Magazine 2015 Interview Germany**

Artikel [»Berliner Ärztemagazin \(Berlin\)«](#) 2015

### **Russische Tageszeitung 2014 Russland**

Artikel [»Russisches Deutschland«](#) 10/2014

### **Feine Adressen 2012 Germany**

Artikel [»feine adressen \(Berlin/Brandenburg\)«](#) 2012

### **Feine Adressen 2012 Germany**

Artikel [»feine adressen \(Bundesweit\)«](#) 2012

### **Daily Courier 2012 USA**

Artikel [»Daily Courier \(USA\) – Matthew McEnnerney«](#) 2012

### **BWA Journal 2012 Germany**

Anzeige [»BWA-Journal Berlin-Brandenburg«](#) 2012

### **Newspaper Germany USA Patient 2012**

Artikel [»Lausitzer Rundschau – Matthew McEnnerney«](#) 2012

### **Pharma Zeitung 2011 Germany**

Artikel [»Pharma-Zeitung.de«](#) 2011

### **Zillion Magazine 2011 Worldwide**

Artikel [»zillion – business review«](#) 2011

### **Viva Vita Magazine 2011 Germany**

Artikel [»Gut Sehen. Besser Leben. Viva Vita«](#) 08/2011

### **Attitude Middle East 2011**

Artikel [»Attitude \(Middle East\)«](#) 05/2011

### **Cataract & Refractive Surgery Today Europe 2011**

Artikel [»Cataract & Refractive Surgery«](#) (Europa) 2011

### **Ophthalmologische Nachrichten 2011 Germany**

Artikel [»Ophthalmologische Nachrichten«](#) 05/2011

### **Ophthalmology Times 2011 Europe**

Artikel [»Ophthalmology Times Europe«](#) 03/2011

### **Viva Vita 2010 Germany**

Artikel [»Der Graue Star. Viva Vita«](#) 09/2010

### **Märkischer Bote 2010 Germany**

Artikel [»Eine Stadtvilla mit neuer Bedeutung. Märk. Bote«](#) vom 9.10.2010

### **Congress Interview ESCRS 2010**

Artikel [»ESCRS Kongress-Interview: Light Adjustable Lens \(Calhoun Vision\)«](#) 09/2010

### **Viva Vita 2010 Germany**

Artikel [»Thermage. Viva Vita«](#) 04/2010

### **Viva Vita 2010 Germany**

Artikel [»Das neue IOL-VIP-System. Viva Vita«](#) 02/2010

### **Viva Vita 2010 Germany**

Artikel [»Über die Altersabhängige Makuladegeneration. Viva Vita«](#) 11/2009

### **Viva Vita 2010 Germany**

Artikel [»Der grüne Star \(Glaukom\). Viva Vita«](#) 09/2009

### **Ophthalmologische Nachrichten 2009 Germany**

Artikel [»Die Intraokularlinse nach Maß. Viva Vita«](#) 06/2009

### **Märkischer Bote 2009 Germany**

Artikel [»Das neue IOL-VIP-System aus Mailand. Märk. Bote«](#) 03/2009

### **Märkischer Bote 2008 Germany**

Artikel [»OP mit neuen Linsen. Märk. Bote«](#) 12/2008

### **Lausitzer Rundschau 2008 Germany**

Artikel [»Sehen ohne Brille. Lausitzer Rundschau«](#) 06/2008

## 4. TV Features

### **TV Moderator ZDF Peter Hahne 2025**

<https://www.paulig-eye-health.de/wp-content/uploads/sites/5095/2025/01/Peter-Hahne-Augenaerztin.mp4>

<https://www.paulig-eye-health.de/presse-medien/tv-beitraege/>

**Interview mit Fr. Dr. Paulig** auf dem 21. Arab-German Business Forum

**Eröffnung Berliner Privatpraxis:** Impressionen vom 13. Juni 2012, Eröffnungsfeier unserer Berliner Privatpraxis | Keratokonuszentrum

**Binovision im MDR:** Eine Berichterstattung des MDR über Binovision mit der Light Adjustable Lens, entwickelt von Frau Dr. Paulig

**Binovision für US-Bürger:** Behandlungserfolg Binovision (Matthew McEnnerney – amerikanischer Film- & Theaterregisseur)

**Tag der offenen Tür 2010:** Frau Dr. Paulig lädt in Ihre Räumlichkeiten ein, mit englischen Untertiteln

**Symposium 2010:** Eröffnung der Paulig Eye Health | Praxis in Cottbus mit dem Oberbürgermeister

**Light Adjustable Lens:** Die Intraokularlinse (Calhoun Vision) nach Maß; Binovision, entwickelt von Frau Dr. Paulig

**Symposium 2009:** Im schönen Burg (Spreewald) fand ein Symposium statt mit anschließenden Interviews von Prof. Dr. Schwartz (USA), Prof. Dr. Bayer & Prof. Dr. Koch

**Tag der offenen Tür 2008:** Frau Dr. Paulig lädt in Ihre Räumlichkeiten ein, in der Schweriner Str. in Cottbus

## **5. Contact Information**

### **Standort Berlin**

**Unter den Linden 16, 10117 Berlin, Germany**

Phone: +49 30 20144610

### **Standort UAE**

**Etihad Towers Level 36 Abu Dhabi, United**

**Arab Emirates**

Phone: +971 2 409 3181

### **Standort Saudi Arabien**

**Al Faisaliah Tower Level 18**

**King Fahad Highway, Olaya District, Kindgdom  
of Saudi Arabien**

Phone: +966 114903863

### **Standort Oberwiesenthal**

**Karlsbaderstraße 6**

**09484 Oberwiesenthal**

Email: [info@paulig-eye-health.de](mailto:info@paulig-eye-health.de)

Website: [www.paulig-eye-health.com](http://www.paulig-eye-health.com)

